

One intervention evaluation study grouping had a total of 2 outcomes (short-term, intermediate, or long-term), including 1 net positive, 0 net negative, and 1 neutral effect. This study included African American female participants.

### Environment and Policy Indicators

### Short-term Outcomes\*\*

### Intermediate Outcomes

### Long-term Outcomes

**Addition of TV Time Managers**  
*(e.g., device to minimize television watching)*

1 **+** 1 **x** 0 **-**

**Higher Rates of Physical Activity**  
(No Studies)

**Less Overweight and Obesity**  
(No Studies)

**Less Sedentary Behavior**  
Television watching and video game use  
1 **+** 1 **x** 0 **-**

**Key:**  
⊕ Net Positive Effect  
⊗ No/Neutral Effect  
⊖ Net Negative Effect

\*\*No short-term outcomes were reflected in the peer-reviewed literature.

**Figure 24A: Screen Time**